

To Whom It May Concern,

Re:

This individual is under the care of the Specialist Haemoglobinopathy Team with a diagnosis of sickle cell disorder. This is a severe, inherited, and lifelong blood condition. Sickle cell disorder can also result in life-threatening emergency complications. There is also a risk of long-term organ damage which can affect the kidneys, heart, lungs, brain, and other internal organs.

Individuals with sickle cell disorder require regular hospital appointments for monitoring and treatment and often require hospital admissions when complications are severe. This is likely to require additional time off from their studies or work at times. It is also important that triggers for crises are avoided – these include exposure to cold temperatures, dehydration, over-exertion or excessive stress. They may require extensions to normal deadlines and/or additional support to complete their studies successfully.

Following a sickle cell crisis, effects may persist for some time even after hospital discharge or early improvement. Ongoing symptoms can include: pain, exhaustion and reduced concentration. Therefore, ongoing enhanced support, including flexible or phased return to studies and to work, may be required.

I write to request that you ensure that reasonable modifications are in place to prevent deterioration in their health, to support them in receiving healthcare as required and to manage their studies successfully,

Yours sincerely,

*Signature:*

*Name:*

*Professional role:*

*Date:*

Version

Issue date

Review date